

## **HOW TO DRESS FOR LAKESHORE NATURE PRESERVE VOLUNTEER WORK PARTIES**

Volunteers spend approximately 2–3 hours outdoors, sometimes in brushy vegetation and on uneven terrain. Mosquitoes and ticks are present in the summer; snow and ice is likely in the winter. It is very important to dress properly for a comfortable and safe volunteer experience. Wear clothes that you don't mind getting dirty. *We provide tools and work gloves.*

### **Required:**

- Sturdy closed-toed shoes or boots
- Long pants; not leggings

### **Optional, but recommended:**

- Long-sleeved shirt (even a lightweight one for summer)
- Heavy socks
- Hat (for sun or cold)
- Jacket (no flannel or fleece—burs cling to them)
- Long underwear in the winter
- Waterproof or winter boots in the winter
- Favorite garden gloves, sunscreen, or insect repellent
- Water bottle

### **DO NOT wear or bring:**

- Sandals or flip-flops
- Canvas shoes
- Shorts
- Tablets or mp3 players. Cell phones should be kept safe in a bag or pocket.
- Flannel or fleece shirts or jackets (burs cling to them and are difficult to remove)
- Dress clothes (or other clothes you don't want to risk snagging, ripping, or staining)
- Pets



*For more information please contact Volunteer Coordinator, Bryn Scriver, at [bryn.scriver@wisc.edu](mailto:bryn.scriver@wisc.edu) or 608-220-5560.*