HOW TO DRESS FOR LAKESHORE NATURE PRESERVE VOLUNTEER WORK PARTIES

Volunteers spend approximately 2–3 hours outdoors, sometimes in brushy vegetation and on uneven terrain. Mosquitoes and ticks are present in the summer; snow and ice is likely in the winter. It is very important to dress properly for a comfortable and safe volunteer experience. Wear clothes that you don't mind getting dirty. We provide tools and work gloves.

Required:

- Sturdy closed-toed shoes or boots
- Long pants; not leggings

Optional, but recommended:

- Long-sleeved shirt (even a lightweight one for summer)
- Heavy socks
- Hat (for sun or cold)
- Jacket (no flannel or fleece—burs cling to them)
- Long underwear in the winter
- Waterproof or winter boots in the winter
- Favorite work gloves, sunscreen, or insect repellent
- Water bottle

DO NOT wear or bring:

- Sandals or flip-flops
- Shorts
- Flannel or fleece shirts or jackets (burs cling to them and are difficult to remove)
- Dress clothes (or other clothes you don't want to risk snagging, ripping, or staining)
- Pets
- Cell phones should be kept safe in a bag or pocket



For more information, please contact Volunteer & Outreach Coordinator Bryn Scriver at <u>bryn.scriver@wisc.edu</u> or 608-220-5560.